PRESCREENING QUESTIONS

Completed by Certified Spirometry Operator *Prior* to Testing and Attached to the Spirometry Record.

Name (last, first): _____ Company:_____

ID# _____

Yes No 1. In the last 6 weeks have you had a chest injury or surgery involving the eye, ear, chest, abdomen, have been diagnosed with an aneurysm or been hospitalized for a heart attack ?
If Yes:
1a. Do not test at this time. Reschedule spirometry test for 6 weeks or get treating physician's approval.

Yes No 2. Are you under a physician's care for high blood pressure?
If Yes:
2a. If blood pressure exceeds action level, obtain Physician clearance before proceeding.

Yes No 3. Within the last hour have you smoked or vaped?
If Yes:
3a. to smoking, if possible, wait one hour before testing, otherwise make a notation over reader and proceed.

Yes No 4. Within the last hour have you eaten a full meal? (you know, like a big Thanksgiving meal?)
If Yes:
4a. to eating, if possible, wait one hour before testing, otherwise make notation to over reader and proceed.

Yes No 5. Have you had a respiratory infection (such as flu, pneumonia, bronchitis, chest cold, or Covid) in the last 3 weeks?
If Yes:
5a. Postpone testing until 3 weeks after symptoms resolve.

Yes No 6. Have you used an emergency inhaler the last 6 hours? (postpone if used)

Yes No 7. Have you had more than 2 cups of caffeinated coffee, tea, energy drinks, Cola, or caffeine pills, (total) in the last 6 hours?
If Yes:
7a. If possible, wait one hour before testing, otherwise make notation to over reader and proceed.

Yes No 8. Are you wearing any tight or restrictive clothing? If so, you might want to loosen up at this time.

Yes No 9. Are you wearing dentures?

Today's Measurements

Height: __ __ Inches (measured by standiometer) Weight: __ __ __ Pounds (measured by scale)

BP (mmHg) ___/____ ____/____ ____/____

(If measurement falls exactly on the half inch, or half pound, round odd numbers down and even up).
Certified spirometry technician's initials or ID #: _____ Date: _____ - _____20__